

# TAKEHOME

29th September  
- 5th October



## Can sport bring people closer together?



## In the news this week

Running charity, parkrun, has announced a new project called parkrun primary, which is bringing junior running events closer to primary schools. The aim is to give children more chances to run or walk and volunteer on weekends in a fun, free, and inclusive way. Organisers say it's not just about fitness, but also about helping children build friendships, confidence, and life skills in their local community.

### Things to talk about at home ...

- > Are there any parkruns near where you live? Have you or anyone in your family taken part in one? If not, would you like to?
- > What are some of the clubs or initiatives in your area that bring your local community together?
- > Alongside sport, what are some ways we can spend time with others?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

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