

**Private and confidential**

**Kent School Health Service**

Central AdminTeam (CAT)  
Trinity House,  
110-120 Upper Pemberton,  
Eureka Business Park,  
Ashford,  
Kent, TN25 4AZ

**Phone:** 0300 123 5205 Option 2 (8am to 6pm)  
**Email:** [kentchft.schoolhealthscreening@nhs.net](mailto:kentchft.schoolhealthscreening@nhs.net)  
**Web:** <https://family.kentcht.nhs.uk/>

Tuesday, 10 October 2023

Dear Parent/Carer

**National Child Measurement Programme –Year 6 and The Lancaster Model health questionnaire**

This letter is to invite your child to participate in Year 6 National Child Measurement Programme and Year 6 TLM health questionnaire offered by the School Health Team at Kent Community Health NHS Foundation Trust.

**National Child Measurement Programme (NCMP)**

Each year in England, school children in Year 6 have their height and weight checked at school as part of the NCMP. Height and weight measurements are used to calculate weight status. We collect this information because it builds a picture of how children are growing and helps plan better health and leisure services for families. This data also allows us to offer you further support and advice about your child's weight. The NCMP will be from October 2023 until the end of the academic year.

If you would like more information regarding the NCMP please visit [Kent Family](#)

The checks are completed by trained healthcare professionals. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

Please be aware your child will not have to take part on the day if they do not want to or are unable to do so. We will contact you to let you know if this happens. None of their measurements are shared with your child's school or any other agencies. You can also be reassured they will not be discussed with your child.

The results are sent to you, so the decision whether to talk to your child about them is entirely yours. More information is available on [Kent Family](#) or in this helpful [Guide for Parents](#)

If you **do not** want your child to take part in the NCMP, please tell Kent School Health by **Monday 6<sup>th</sup> November 2023**, using either this link [Opt out form](#) or by calling **0300 123 5205, Option two**. You will need to provide us with your child's name, address, date of birth, school name and address so we do not screen your child.

Chair John Goulston Chief Executive Mairead McCormick  
Trust HQ Trinity House, 110-120 Upper Pemberton, Eureka Park, Ashford, Kent TN25 4AZ

Please be aware that Kent School Health plan to deliver both programmes in this year's autumn term, however they may take place on separate days.

### **The Lancaster Model (TLM) health questionnaires**

The Kent School Health Team assess the health and development of young people in Year 6 using **The Lancaster Model (TLM), an electronic health questionnaire.**

These assessments help identify any factors impacting on a child's ability to live a healthy life and achieve their full potential. A child may have a long-term medical condition, such as diabetes, asthma or anaphylaxis, be a young carer or perhaps need support to cope with a bereavement or a relationship problem. This can also help to support transition into secondary school.

You will receive notification from your child's school before we visit to complete the health questionnaire (please note this will not happen at the same time as your child is weighed and measured).

**Please note at this time you do not need to do anything now about TLM. You will be contacted seven to 14 days before we are due to visit your child's school and will give you more details including how to contact us at this time.**

If you have any questions relating to this letter or wish to discuss any health concerns which could impact on your child's education, please contact the School Health Team using the details at the top of this letter.

If you would like more information about the Kent Community Health NHS Trust School Health services please visit [Kent Family](#)

Information about how Kent Community Health NHS Foundation Trust collect and use information can be found at [How we use your information](#)

Yours faithfully

### **Kent School Health**

### **Do you have feedback about our health services?**

**Phone:** 0800 0304550

8am to 5pm, Monday to Friday

**Text:** 07899 903499

**Email:** kentchft.pals@nhs.net

**Web:** www.kentcht.nhs.uk/PALS



### **Patient Advice and Liaison**

**Service (PALS)** Kent Community Health NHS CT19 4RG Foundation Trust Unit J, Concept Court Shearway Business Park Folkestone, Kent, CT19 4RG